AUTHENTIC
Ma’moolat for Morning and Evening (Along with Manzil)

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Introduction

A fortunate person is he who begins the day and ends it with the remembrance of Allaah Ta’ala. By taking the name of Allaah Ta’ala at the beginning of the day, one is asking for His assistance, so that one’s entire day may pass with peace and tranquillity. Then, by taking the name of Allaah Ta’ala in the evening, one is reflecting upon the entire day and giving thanks (Shukr) for all the blessings and one is also seeking Allaah Ta’ala’s protection from the evil of the darkness of the night. It is reported in the Hadith that Kiraaman Kaatibeen (the two angels deputed at one’s side to record the good and evil deeds) also change their shifts in the morning and in the evening. How nice will it be if each of these two times of a person is passed in the remembrance of Allaah Ta’ala, so that the person’s book of deeds for the day opens with the Zikr of Allaah Ta’ala and it ends with the Zikr of Allaah Ta’ala. Rasulullaah (sallAllahu alaihi wasallam) has guided every human being by his blessed words and his actions, that they refresh their affinity with Allaah Ta’ala every morning and evening with the Zikr of Allaah Ta’ala. Every morning and evening a Muslim remembers Allaah Ta’ala thereby making Shukr unto Him for all the blessings that He had bestowed and
also asking Him for more.

There is a narration in Tirmidhi Shareef of Hadrat Ibn Umar (radhiAllaahu anhuma), wherein he reports that Rasulullaah (sallAllahu alaihi wasallam) said: "That person for whom the doors of du`aa are opened, the doors of mercy are already opened. The most beloved thing to Allaah Ta`ala is that His servant makes du`aa for Aasiyat (safety / peace)."

Rasulullaah (sallAllahu alaihi wasallam) also said: "Du`aa benefits one against the misfortune and calamity that has already befallen one (i.e. as a means of consolation - it saves one from further grief and misfortune), it also saves one from that misfortune which was about to befall one (i.e. it becomes a shield against forthcoming misfortunes). O Servants of Allaah! Value du`aa!" [Tirmidhi, vol.2, page 195]

Since we are now living in an age of misfortune and calamity, keep in mind the du`aas and ma`molaats (practices) of morning and evening as exemplified to us by Rasulullaah (sallAllahu alaihi wasallam).

These du`aas will save a person, his wealth, house and family from the evils of shaitaan and man. They are also a Ta`weez and a protection from every type of difficulty and
calamity. Nabi (sallAllahu alaihi wasallam) did not leave out any necessity of man, except that he will find a solution for it in a du`aa. So if we recite the morning du`aas, we will be saved for the entire day and it is also a means for our attaining peace and tranquillity. And if we recite the evening du`aas then we will be under the protection of Allah Ta`ala for the entire night, until the morning. These du`aas are also an excellent means for our being protected against black magic, evil spirits, nadhar (evil eye), fear in the heart, evil of an enemy, etc.

Every man and woman must make it their daily habit and practice to recite all the du`aas contained herein, after Fajr and Asr Salaats or at any other time during the morning and evening. If possible, one should also daily recite the last ten du`aas mentioned herein. These du`aas for protection are reported in the Ahadith and by the pious predecessors.

Since it is necessary that one fully concentrates when making du`aa, recite the du`aas with taking note of their translations. In this way one will be fully aware of what one is asking for or seeking protection against. That boy or girl who is about to get married, should make reciting these du`aas a daily habit, since it will, Insha-Allaah, save them from
impending disasters, the evil effects of jealous persons, evil eyes, etc.

The greatest benefit that one will obtain by reciting these duaas is that one's connection with Allaah Ta‘ala will be strengthened. One will attain the pleasure of Allaah Ta‘ala. We are making a most humble plea that those duaas which emanated from the lips of Rasulullaah (sallAllahu alaihi wasallam) -[wherein there is a request for all the good in this world and the Aakhirah and also seeking of protection from evils]- be made part of one's daily routine and habit. To have love for Rasulullaah (sallAllahu alaihi wasallam) is a condition of Imaan, and a necessary requirement for displaying this love is that when one is making Zikr, dua, Salaat and Salaam etc, then it must be done in the mubarak way demonstrated by and in the words of Rasulullaah (sallAllahu alaihi wasallam). All the duaas contained herein are drawn from the Qur’aan Shareef or the Ahaadith, hence one does not have to look any further. We should all appreciate and value the duaas that have been extracted from the life of Rasulullaah (sallAllahu alaihi wasallam), which he had recited in the morning and evening. Every male should make it his habit to recite these duaas before leaving for his office and every woman should also make it her habit to recite the same before she begins her
housework. Sometimes after reciting these du`aas and the manzil, one should blow onto the palms and pass it over one's body. In this same way one will blow upon children and the sick. Sometimes one may blow into a glass of water and drink it up or one may give to someone who had a need for it. Similarly one should also make it a habit to daily recite Aayatul Kursi and the three 'Quls' after every Fardh Salaat. One should daily recite the three 'Quls' after the Fajr and Maghrib Salaats. Insha-Allaah Ta`ala this will save one from many evils.

Our Ustaad Hadhrat Mufti Wali Hassan Sahib (rahmatullahi alaih) used to mention a very astonishing thing. The two Surahs that appear at the end of the Qur`aan Shareef have been placed there for a specific 'interesting' reason, that these two Surahs will be of great necessity to the people that will appear close to Qiyaamah, because that will be a time of great fitnah and trials - therefore, we especially (since we are extremely close to Qiyaamah) should make it a daily habit to recite these two Surahs frequently. Another humble appeal and request is that whenever you recite these du`aas kindly do remember the Ustaads and students of this Madrasah. Make du`aa that Allaah Ta`ala may accept us all for His service until our last breath and that He may enliven the effort of
propagation throughout the world, far and wide. We request your valuable du`aas.

Muhammad Hanif Abdul Majeed Zam Zami
(May Allaah Ta`ala forgive him)
Madrassah Baitul Ilm, Karachi

FURTHER ADVICE:

1. Make every du`aa with firm conviction and faith that it will certainly be accepted. Recite every word (daily recital) with this conviction that its desired effect will come to the fore.

2. Make a concerted effort to learn and keep in mind the meanings of all the du`aas, when reciting them. Try to memorise the Arabic words and the English meanings of the du`aas, so that you may recite them without looking into the kitaab.

3. Another necessity for protection of wealth is that one should regularly give sadaqah and whatever zakaat is due. In this way Allaah Ta`ala will protect one's wealth. One should also make sure that one's earnings are Halaal. When you hear the Azaan proceed directly to perform Salaat. Do not earn Haraam wealth, because if it is mixed with the Halaal wealth, it spoils it. Do not cheat in business, because later on, this ill-gotten wealth is lost and
because of the dissatisfaction of the buyer, you will lose out the Barkat. In short, to save oneself from calamities, it is also necessary to not harm or inconvenience others, or usurp their rights. In the same way, if one usurps the rights of one's sisters and little brothers after the demise of one's father, by not giving them their rightful shares, one will experience set-backs and losses in one's wealth, and the doors of misfortune will open up.

4. Together with daily reciting these du'aas, the womenfolk must make it their habit to observe the Shara'i Hijaab. A woman must not come in front of any strange man, including cousins etc., without being fully clad (in Shara'i Hijaab). She must perform five daily Salaat. The men must make an effort to perform the five daily Salaat with Jamaat. When they hear the Azaan they must stop their businesses and proceed to the masjid. The same applies to women that when they hear "Hayya Alas Salaat", they must stop their kitchen work and quietly perform their Salaat.

5. With the practice of these duas, also keep the books like Munajaate Maqbool, Zariatul Wusool, Seventy Istighfar, Mustanad Majmooa Wazaaf. Read a section from each daily or at least sometimes especially on friday.
DU’AA # 1

"I seek protection in the complete Words of Allaah from all the evil that He has created." [Abu Dawood, v. 2, p 188, / Muslim, v. 2, p 34, Ibn Maajah, p 251]

DU’AA # 2

"I begin (this day) in the name of Allaah, with Whose Name none on earth or in the skies can do any harm and He is the One Who is All-Hearing and All-Knowing." [Tirmidhi, v. 2, p 174, / Ibn Maajah, p 284]

It is reported in a Hadith that whoever recites this du‘aa thrice, every morning and evening, no harm will befall him [Tirmidhi, v. 2, p 174]. It is reported in Abu Dawood that (if anyone recites this du‘aa) no unexpected calamity will befall him. [v 2, p 346]
"I seek protection in Allaah, the All-Hearing, All-Knowing, from shaitaan, the accursed."

"Allaah is He, other than Whom there is no deity; Who knows (all things) both the unseen and the
visible, He is Most Gracious and Most Merciful. Allaah is He, other than Whom there is no deity, the Sovereign, free from all blemishes, the Source of peace, the Guardian of faith, the Giver of protection, the Mighty, the over-Powering (Irresistible), the Justly Proud, glory to Allaah (High is He), above the partners they attribute to Him. He is Allaah the Creator, the Originator, the Fashioner, to Him belong the most beautiful Names. Whatever is in the heavens and earth declares His praises and glory and He is the Mighty, the Wise."

It is reported in a Hadith that the person who recites this du`aa( "I seek protection in Allaah, the All-Hearing, All-Knowing, from shaitaan, the accursed.") three times, and this Aayat in the morning, then 70,000 angels are deputed and if he dies he would get the reward of Shahadat (Martyrdom). And if he recites it in the evening, then the same rewards will be due to him until the morning. [Mishkaat, v 1, p188.]

\textbf{Anas b. Malik} reported that Rasulullah ﷺ said: "None of you will have faith until I become more beloved to him than his father, his children and all humankind" (Agreed)
DU’AA # 4

"I begin in the Name of Allaah, the Most Gracious, the Most Merciful."

"Say: He is Allaah, the One, Allaah (is) free from want, He does not beget nor is He begotten, and there is none like Him." (three times)

"I begin in the Name of Allaah, the Most Gracious, the Most Merciful."

"Qul: A'udzubillah al-fattati min sharima'alaqin wamin shar'us-saniq ida waqib wamin shar'ssinnat min shinnatatidha kita'idhasidha (three times)."
"Say: I seek refuge with the Rabb of dawn, from the mischief of the created things; from the mischief of darkness as it spreads; from the mischief of those who blow on knots; and from the mischief of the jealous one as he practices jealousy." (three times)

"I begin in the Name of Allaah, the Most Gracious, the Most Merciful."

"Say: I seek protection with the Sustainer of mankind, the King of mankind, the God of mankind, from the mischief of the whisperer (of evil) who withdraws (after his whisper) - who whispers into the hearts of mankind - among jinn and among men." (three times) [Abu Dawood, v 2, p 346.]
"So purity belongs to Allaah, when you reach the evening and when you rise in the morning, for Him be praise in the heavens and on the earth and in the late afternoon and when the day begins to decline. It is He who brings out the living from the dead and brings out the dead from the living and who gives life to the earth after it is dead and in this way you will be resurrected."

It is reported in a Hadith that the person who recites this in the morning, it will compensate for his short-comings of the day, and that person who recites it in the evening, it will suffice for his night. [Abu Dawood, v 2, p 435]
DU’AA # 6

"Allaah! None has the right to be worshipped but He, the Ever-Living, the One Who sustains and protects all that exists. Neither slumber, nor sleep overtakes Him. To Him belongs whatever is in the heavens and whatever is on the earth. Who is he that can intercede with Him except with His permission? He knows what happens to them (His creatures) in this world, and what will happen to them in the Hereafter. And they will never encompass anything of His Knowledge except that which He wills. His Kursi
(Divine Throne) extends over the heavens and the earth, and He feels no fatigue in guarding and preserving them. And He is the Most High, the Most Great."

"Haa Meem. The revelation of the Book (this Qur'aan) is from Allaah, the All-Mighty, the All-Knower. The Forgiver of sin, the Acceptor of repentance, the Severe in punishment, the Bestower (of favours), none has the right to be worshipped but He, to Him is the final return."

It is reported in a Hadith that the person who recites these Aayaat in the morning will be protected until the evening and if he recites them in the evening then he will be protected until the morning. [Tirmidhi, v 2, p 215,]
DU`AA # 7

الله لله لا إله إلا هوُ علَهُ وُلَدَتُ وَهُوَ رَبُّ العُرُشِ الْعَظِيمِ

Allaah is Sufficient for me. There is none (worthy of worship) except He. I have trust in Him and He is The possessor of the Mighty Throne."

This du`aa should be recited 7 times.

It is reported in a Hadith that if the person who recites this du`aa in the morning and evening dies during this day then he will go to Jannat. [Targheeb, v. 1, p 415.]

DU`AA # 8

راضيّ بِالله رَبِّي وَبِالإِسْلَامِ دِينِي وَبِمُحَمَّدٍ نَبِيِّي

"I am pleased with Allaah as Rabb, with Islaam as Deen and with Muhammad (sallAllahu alaihi wasallam) as a Nabi."(three times)
wasallam) entered the Masjid and there he found an Ansaari, by the name of Abu Umaama, Rasulullaah (sallAllahu alaihi wasallam) asked him the reason for his sitting in the masjid when it was not Salaat time. He replied that he had a burden of worries and debts. Rasulullaah (sallAllahu alaihi wasallam) asked him if he should not teach him such words which will remove all his worries and debts? He replied in the affirmative. Rasulullaah (sallAllahu alaihi wasallam) then told him to recite this du’aa (stated above) in the morning and evening. This Sahaabi mentions that he did as he was told and soon he was relieved from his worries and debts. [Abu Dawood, v. 1, p 224]

NOTE: In order to find out ways to remove domestic anxieties and know the suggestions of righteous men, husband may read Tuhfa Dulha (Gift for Groom) and Mithali Baap and wives may read Tuhfa Dulhan (Gift for Bride) and Mithali Ma.

It is reported by Ibn Umar  that the messenger of Allah ﷺ said: "Be in the world as though you are a stranger or a traveler". (Al-Bukhari)
It is reported by Hadhrat Thaubaan (radhiAllaahu anhu) that Rasulullaah (sallAllaahu alaihi wasallam) said: "For the person who recites it (above du`aa) thrice in the morning and evening, Allaah Ta`ala takes responsibility to make him happy on the Day of Qiyaamah." [Mishkaat, v.1, p.210]

**DU`AA # 9**

الله سماواتك مى أعوذ ب+F5ب+ من الهمم والحزن و أعوذ ب+F5ب+ من الغيرة والكسل و أعوذ ب+F5ب+ من البخل و البغي و أعوذ ب+F5ب+ من غلبة الدين و قهر النجـال.

"O Allaah! I seek protection in You from grief and sorrow, and I seek Your protection from timidity and indolence and I seek Your protection from cowardice and selfishness and I seek Your protection from overwhelming indebtedness and from the oppression of people."

Hadrat Abu Saeed al-Khudri (radhiAllaahu anhu) reports that once Rasulullaah (sallAllaahu alaihi
DU’AA #10

"We, together with the entire universe, have spent the morning for (the devotion of) Allaah, Lord of the universe. O Allaah! I beg of You all the goodness that pertains to this day and its victory, assistance, Noor, blessings and guidance. And I seek of Your protection from the evil that pertains to this day and what is after it". [Abu Dawood, v.2, p.337]

In the evening this du’aa should be made in the following way:

"O Allaah! I beg of You all the goodness that
pertains to this night and its victory, assistance, Noor, blessings and guidance. And I seek of Your protection from the evil of this night and whatever is after it."

**DU`AA #11**

اللهم اجعل أول هذا النهايصلاح او سطنة فلا حا وا حرا تجاحا. أسلوك خير الدنيا و الآخرين يآ أرحم الراحمين

"O Allaah! Make the beginning of this day good for me, make the middle of it successful (for me), and make its ending fruitful. I ask of You the best of the world and the Hereafter, O Most Merciful of those who show mercy."

**DU`AA #12**

اللهم بك أصلحنا و بك أمسينا و بك نحن و بك نموت و الياك النشور

"O Allaah! With Your help I have started the day and with Your help I have started the evening. With
(Your pleasure) we live and die and to You is (our) raising (on the Day of Qiyaamah)." [Abu Dawood. v 2, p 335]

In the evening one should recite from "Allahumma bika Amsayna..." (to the end).

**DU'AA # 13**

اصبحنا على فطرة الإسلام وكلمة الإخلاص وعلى دين نبيك صلى الله عليه وسلم وعلى ملة نبيك الإبراهيمية حنيفًا مسلمًا وعالمًا كان من المشركين.

"We have started the morning upon the disposition of Islaam and upon the words of sincerity and upon the Deen of our Nabi, Muhammad (sallAllahu alaihi wasallam), and upon the Millat (creed) of our father, Ibraheem (alaihi salaam), who was a true believer and a Muslim, and who was not among the mushrikeen."

[Mishkaat. v 1, p 212]

For the evening one should substitute the words "As Bahn'a" with the words "AmSayna".
"We together with the entire universe have spent the morning for (the devotion of) Allaah. And all praises are due to Allaah. None is worthy of worship besides Allaah. He is unique. He has no partner. to Him belongs the entire universe. And to Him is due all praises. And He has Power over all things. O my Rabb! I beg of You all good pertaining to this day and the days following; and I seek Your protection from all evil pertaining to this day and the days following. O
my Rabb! I seek Your help from that I may be saved from indolence and evil old age. O Allaah! I seek Your protection from the punishment of hell and in the grave." [Abu Dawood, v 2, p 335]

During the evening, replace the words "هَذَا اللَّهُ وَهُوَ الْعَلِيمُ وَ خَبِيرُ مَا بَيْنَهُمَا" in the first line with the words, "هَذَا اللَّهُ وَ رَسُولُهُ وَ خَبِيرُ مَا بَيْنَهُمَا".

And replace the words "هَذَا اللَّهُ وَ رَسُولُهُ" with the words "هَذَا اللَّهُ وَ رَسُولُهُ وَ حَقُّ مَا بَيْنَهُمَا".

That is, you are replacing the words "morning" with "evening".

DU`AA # 15

"O Allaah! I spend the morning while I call upon You, (and) the bearers of Your Throne (and) Your angels and Your entire creation to bear witness that You are Allaah; none is worthy of worship except..."
You; and Muhammad (sallAllahu alaihi wasallam) is Your messenger." (Four times)

It is reported in a Hadith that if anyone recites this du`aa four times, then Allaah Ta`ala will grant that person salvation from the Fire of Jahannum. [Abu Dawood, v 2, p 335]

When reciting this du`aa in the evening then replace the word "As Bahtu" with the words "Am Saytu".

**DU`AA # 16**

يا مِحْيَيْ حَيَّيْكَ مَبْرَحْمِيَّةَ أَسْتَغْفِرْيُكَ أَصْلَحْ لِي
شَامِئٌ كُلَّهَا وَلَا تَكُونِي إِلَّا نَفْسِي طَرَفَةٌ عَلَيْنِ

"O The Ever-Living, The Eternal! I fervently invoke Your mercy so that You may set aright all my affairs and may not leave me to myself for the twinkling of an eye." [Hisn Haseen, p 104 (Urdu)]

Jafir b. Abdullah reported that Rasulullah ﷺ said, "Whoever is devoid of kindness and mercy is devoid of all goodness". (Abu Dawood)
"O Allaah! Grant me soundness in my body, O Allaah! Grant me soundness in my hearing and O Allaah! Grant me soundness in my eyesight. There is none worthy of worship except You."

This du`aa must be recited thrice in the morning and evening. [Abu Dawood, v. 3, p 338 /Mishkaat, p 212 - Chapter of Du`aas]
This du`aa must be read thrice

أَلْهَمَّ إِلَيْكَ أَعُوذُ بِكَ مِنْ جَهَدِ السَّلَامَ وَدُرَّكَ
الشَّقَاءَ وَسُوءَ القَضَاءَ وَشُفَاعةَ الأُعْدَاءِ.

"O Allaah! I seek Your protection from severe trials, from becoming wretched, from evil fate and from the plots and taunts of enemies." [Bukhari, v 2, p 979]

أَلْهَمَّ إِلَيْكَ أَعُوذُ بِكَ مِنْ شَرِّ مَا أَعْمَلُ وَمِنْ شَرِّ مَا مَآَلَ مَعَكَ.

"O Allaah! I seek Your protection from the evil that I know and from the evil of that which I do not know." [Musannif Ibn Abi Shaiba, p 223]

أَلْهَمَّ إِلَيْكَ أَعُوذُ بِكَ مِنْ شَرِّ مَا عَمَلْتِ وَمِنْ شَرِّ مَا أَعْمَلْ.

"O Allaah! I seek Your protection from the evil that I perpetrate and from the evil of that which I do not perpetrate." [Jaami`us Sagheer, v 1, p 59]
"O Allaah! I seek Your protection from an evil day, from an evil night, from an evil hour, from an evil companion and from an evil neighbour in the final resting place (grave)."

DU'AA # 19

"O Allaah! Whatever blessing has been received by me or any of Your creatures this morning is exclusively from You; You are One and have no partner. So all praises and gratitude are due to You.

In the evening replace the word "As Baha" by "Am Saa".

Rasulullaah (sallAllahu alaihi wasallam) said that
whoever recites this du`aa in the morning, fulfills the
gratefulness for that day's blessings, and whoever recites
it at night, fulfills the gratitude for the blessings of that
night. [Abu Dawood, v.2, p.336]

A person who desires that many favours be
bestowed upon him, and that his present blessings still
remain, he must show gratitude in abundance, and he
should be thankful to every condition of his.

**DU`AA # 20**

اللهُمَّ إِنِّي أَسَالُكَ الْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ
اللهُمَّ إِنِّي أَسَالُكَ العَفُوَّةَ الْعَافِيَةَ فِي دِينِي
ودُنيَايْ وَأَهْلِي وَمَالِيَ. اللَّهُمَّ اشْجُرْ عَرَاقي
وَأُمِّنْ رُوْعَاتِي. اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ
يَدِي وَمِنْ خَلْفِي وَعَنْ تَعِمُّي وَعَنْ شَمَالِي وَ
مِنْ فَوْقِي وَأَعْمَدْ بَعْظَمْتِكَ أَنْ أَغْتَالْ مِنَ
تَحْتِي.

33
"O Allaah! I seek Your protection both in this world and in the Hereafter. O Allaah! I beg of You forgiveness and safety of my faith, life, family and property. O Allaah! Cover my faults and save me from fear and apprehension. O Allaah! Grant me Your protection ahead of me, behind me on my right, on my left and from above me. And I seek Your protection from that I be destroyed (by any mishap or accident) under my feet."

Hadrat Abdullaah Ibn Umar (radhiAllaahu anhu) reports that Rasulullaah (sallAllahu alaihi wasallam) used to recite these words in the morning and the evening. It was his (sallAllahu alaihi wasallam) blessed habit that he always recited this du`aa until the end of his life. [Abu Dawood, v 2, p 344 / Ibn Maajah, p 284]

This du`aa is very blessed. It must be read every morning and evening.

**DU`AA # 21**

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
الْغَيْبِ وَالْقُرْءَانِ
الْأَرْضِ السَّمُومِ
لَا إِلَهَ إِلَّا هُنَّ
لَنَّكَ أَنْتَ سُرَبٌ
"O Allaah! Creator of the heavens and earth, Who knows what is hidden and visible, there is none worthy of worship besides You, O Rubb and Master of everything, I seek Your protection from the mischief of my carnal self and of the shaytaan and his polytheistic insinuation and that I may do anything wrong or invite any other Muslim in evil." [Tirmizi v 2, p 191]

It is reported from Hadhrat Abu Hurairah (radhiAllaahu anhu) that Hadhrat Abu Bakr (radhiAllaahu anhu) asked: "O Nabi of Allaah! teach me such a du`aa that I may recite every morning and evening." Rasulullaah (sallAllahu `alaihi wasallam) told him to recite this du`aa (stated above) in the morning, evening and when lying down in bed. [Abu Dawood, v 2, p 335]
DU`AA # 22

"Allaah Ta`ala is Most Pure and All Praises are due to Him."

It is reported in a Hadith that if a person recites this du`aa 100 times daily, his sins will be obliterated, even though they may be as much as the foam in the oceans. [Mishkaat, v 1, p 200]

It is reported in another Hadith that if a person recites this 100 times in the morning and evening, then on the Day of Qiyaamah, nobody else will be able to present a better Zikr than this (in the Court of Allaah Ta`ala), except that person who has recited this Zikr and has increased upon it.

If the reciter increases upon these words the following:

"Allaah Ta`ala is Most Pure, Most Exalted", then it will be better for him, because it is reported in a
Hadith, that these two sentences are most beloved to Allaah Ta`ala, and they will carry a heavy weight on the scale of deeds. [Mishkaat, v. 2, p. 200]

These two sentences are very brief and extremely valuable and beneficial. We should all make it a habit to recite this daily a hundred times after Fajr and Asr Salaats or just before retiring to bed and first thing upon awakening. By reciting this our bond with Allaah Ta`ala will also be strengthened, we will be saved from sinning and a desire for the Aakhirah will be created.

One should read it 100 times daily in the morning and evening, whilst paying full attention and concentration upon its meaning. One will feel the effect of it after a few days.

**DU`AA # 23**

لا إله إلا الله وحده لا شريك له، الملكُ وَالْقَدْرُ وَهُوَ عَلَيْهَ حَمَدُ وَنِعَمَّ وَمَا كَبَّرَ

"None is worthy of worship besides Allaah, Alone, He has no partner. For Him is the (total) Dominion"
and for Him is All Praise, and He has Power over all things."(ten times)

It is reported in a Hadith that the person who recites these words in the morning, then:

1. He will receive the reward of having freed a slave who is from the progeny of Hadhrat Ismail (alaihi salaam).
2. Ten rewards will be recorded for him.
3. Ten of his sins will be forgiven.
4. His stage will be raised 10 times.
5. He will be saved from the evils of shaitaan for the rest of the day.

For that person who recites this du`aa in the evening, he will have the same benefits until the morning. [Abu Dawood, v 2. p 345 / Ibn Majah, p 275]

The following is reported in Tirmidhi Shareef that if one adds the words for one's safety:

"He is the One Who gives life and death", to the above du`aa and recites it ten times after Maghrib Salaat, then for such a person an armed group of angels are deputed, that will be armoured and ready
and protect him from shaitaan. [Tirmidhi, v 2, p 193,]

**DU`AA # 24**

أَلْهُمَّ أَنتَ رَبِّي لَا إِلَهَ إِلَّا أَنتَ خَلْقِي وَأَنتَ عَطِينَا عَهْدَكَ وَعَهْدُكَ مَا استطعت أَعْفَوْنا بِكَ مِنْ شَرْكٍ مَا صَنِعْتُ وَأَبَوَّاتِكَ لَنْ يَغْفِرْنِي عَلَيْنَى وَأَبَوَأَهُ لَنْ يَذَّنَّبُنُّي فَاغْفِرْ لِي فَإِنَّهُ لا يُغَفْرُ الذِِنْنِوْبُ إلا أَنتَ

"O Allaah! You are my Cherisher. There is no deity except You. You have created me and I am Your servant. And as far as possible, I abide by my solemn promise and covenant (which I made to You). I seek Your protection against the consequences of my wrongdoings. I fully acknowledge the grace You have bestowed upon me and I confess my faults. So pardon me as none besides You can pardon sins". (Bukhari, v 2, p 933- Ibne-Maja p 276)

This Du'aa is called, "Sayyidul Istighfaar". That is, whatever words and du'aas there are for asking
Forgiveness of sins, this du'a is the best of them all. Hence when making this du'a, one must have total humility and tears must flow from one's eyes. One must have it in one's heart: O Allah! Today You will forgive me.

**DU’AA # 25**

"Allah Ta'ala is the Most Pure and all (Space) are due to Him. There is no power except with Allah. Whatever Allah desires will come to pass, and whatever He dose not wish will not (will NEVER occur). I know that indeed Allah has (Absolute) Power over all things and that surely His knowledge encompasses everything." [Abu Dawood, v 2, p 336.

It is reported in Abu Dawood that a Sahaabia, who served the daughters of Rasulullaah (sallAllahu alaihi wasallam), reported his daughters as saying that Rasulullaah (sallAllahu alaihi wasallam) taught them
this du`aa (stated above), and instructed them to recite it every morning. Indeed whoever recites this du`aa in the morning, will be protected until the evening, and whoever recites it in the evening, will be saved until the morning. [Abu Dawood, v. 2, p 336]

Therefore women and little girls MUST make it their habit to recite this du`aa every morning and evening.

DU`AA # 26

اللَّهُمَّ اسْأَلْكَ عَلْمًا تَفْعَّلُ فِي وَرَقَاطً وَعَمَّالًا مُتَقَبِّلًا.

"O Allaah! Indeed I ask of You knowledge that is beneficial, sustenance that is Pure and wholesome and actions (that are acceptable to You)." [Ibn Maajah, v. 1, p 152.]

Rasulullaah (sallAllhu alaihi wasallam) used to recite this du`aa in the mornings after making the salaam of the Fajr Salaat. It is a very concise and blessed du`aa. Students, Ulama, teachers and those who love making du`aa must make it their habit to recite this du`aa after Fajr, daily.
"O Allaah! Save me from the Fire." (seven times)

Hadrat Haarith (radhiAllahu anhu) reports that Rasulullaah (sallAllahu alaihi wasallam) said that we should recite this du`aa seven times after Maghrib Salaat, and if one passes away during the night, then one will be saved from the Fire of Jahannum and if one recites this du`aa seven times after Fajr Salaat, and passes away during the day, one will be saved from the Fire of Jahannum. [Abu Dawood, v 2, p 337]

DU`AA # 27

سبحان الله و عَجْمَمُ مَعْدَدٍ خَلْقِه وَ رَبِّيْهِ
وَزَنَةَ عَرْشِه وَ مُداَدٍ كَلِمَاتِهِ

"I declare the Purity of Allaah and His Praises in numbers equivalent to His creation, in a manner befitting His pleasure, in weight equal to His Throne and in quantities equal to the ink of His words."

This du`aa must be read thrice. (three times)

Ummul Mu`mineen, Hadrat Juwairia
(radhiAllahu anha) reports that once Rasulullaah (sallAllahu alaihi wasallam) went out while she was on her Musallah in the morning and returned after Chasht, he found that she was still sitting in the same position. Rasulullaah (sallAllahu alaihi wasallam) asked her if she had remained all the time in that position and did not get up and she replied in the affirmative. Rasulullaah (sallAllahu alaihi wasallam) said: "I recited four sentences thrice after leaving you, which if equated to all the words you had recited in all this time, then these four expression will far supercede them." [Mishkat, v 1, p 200]

Rasulullaah (sallAllahu alaihi wasallam) mentioned to Hadhrat Abu Darda (radhiAllaahu anhu): "Should I not show you one such thing which is better than making Zikr for the entire day and night?" This dua is

\[
\text{سُبْحَانَ اللَّهِ عَدَدَ مَا خَلَقَ وَسُبْحَانَ اللَّهِ عَدَدَ كُلُّ شَيْءٍ وَسُبْحَانَ}
\text{اللهِ مِلْسَتِ كُلُّ شَيْءٍ وَسُبْحَانَ}
\text{اللُّهِ عَدَدُ ما أَحْصَى وَسُبْحَانَ}
\text{اللَّهِ عَدَدًا مَا أَحْصَى كَتَابًا}
\]

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All praises are due to Allah in numbers equal to what He created; All praises are due to Allah in quantities equal to what He has created; All praises are due to Allah in numbers equal to everything; All praises are due to Allah in quantities equal to everything; All praises are due to Allah in numbers equal to what His Book has enumerated; All praises are due to Allah in quantities equal to what His Book encompassed." [Hisn Haseen, p 405]

DU`AA # 28

اللهُمَّ رَبّ الْمَّنْبِيِّ مَحْمُودٌ صَلَّي اللهُ عَلَيْهِ وَسَلَّمَ
إِغْفَرْ لَهُ وَأَذِهِبْ غَيْبَتَهُ مِنْ فُلُُوْدِي وَأَجْرُنِي
"O Allah! Rabb of Nabi (sallAllahu alaihi wasallam), forgive my sins, remove anger from my heart and safeguard me from wayward Fitnah (mischief), for as long as I am alive." [Majma'uz zawaaid, v 10, p 176]

This du`aa should be read in abundance by that person who experiences anger.

**DU’AA # 29**

**A- Dawood’s (alaihis Salam) Dua**

Hadhrat Ka'b (radhiAllaahu anhu) said that prophet Dawood (alaihis Salam) made this supplication three times every morning and evening.

أَلْهَمْنَا عِلَمَ الْغَيْبِ وَالْشَّهَادَةَ وَأَعْصَمْنِي فِي هَذَا الْيَوْمِ مِنْ شَرِّكَانِ مُصَنَّعَيْنِ تَزَالُ فِي النَّارِ وَلْجَعَلْنِي فِي كُلِّ خِيرٍ وَلْنَزِلَ مِنَ السَّمَاءِ

O Allah! knower of the secrets and the apparent! Protect me today from every calamity that has
descended from the heaven. And let me have a share of all good that has descended from the heaven. (Ad-dua' v2, p958)

B-Musa's (alaihis Salam) Dua

Hadhurat Hasan Busri (rahmatulllahi alaihi) said that Hadhrat Sumrah ibn jundub (radhiAllaahu anhu) said "Shall I not relate to you a Hadith that I heard from the Prophet (sallAllahu alaihi wasallam) frequently, and from Hadhrat Abu Bakr (radhiAllaahu anhu) frequently, and from Hadhrat Umar (radhiAllaahu anhu) frequently? I said, "Yes". He said, "Whoever recites it in the morning and evening, Allah will accept his prayer even before he has made one". Sumrah (radhiAllaahu anhu) said, "I met Abdullah ibn Salam and asked him, Shall I not relate to you the Hadith that I have heard frequently from the Prophet (sallAllahu alaihi wasallam) and from Hadhrat Abu Bakr (radhiAllaahu anhu) and Hadhrat Umar (radhiAllaahu anhu). He said yes, and I related the (foregoing) Hadith. He said, By Allah! May my parents be ransomes to the Prophet (sallAllahu alaihi wasallam), these are the words that Allah had granted to Prophet Musa (alaihis Salam) and he recited them seven times every day. He hardly made a supplication
but Allah fulfilled it".

O Allah! You have created me. And you have guided me. You do provide me with food and quench my thirst. You will cause me to die and You will resurrect me. [Maj’a ra’i zawa’id, v 10, p 118]

O Allah I seek refuge in you from white leprosy and black leprosy, lunacy and from all evil Maladies. This supplication may be made in the morning and evening and after every Fard Salah (Abu Dawood, Nisai, Mishkat Shareef p. 217 Babul Istia’zah)

**DU’AA # 30**

Rasulullaah (sallAllahu alaihi wasallam) said: "Whosoever recites Durood upon me ten times in the
O Allah, shower blessings on Muhammad and on the family of Muhammad as you did shower blessings on Ibrahim and on the family of Ibrahim. Surely, you are praiseworthy, Gracious. O Allah, bestowed favours on Muhammad on the family of Muhammad as you did bestowed favours in Ibrahim and on the family of Ibrahim. Surely you are praiseworthy Gracious.
Recite this ten times.

TEN DU’AAS FOR PROTECTION AND SAFETY

DU’AA # 1

الله سمح حانين علی عبادك و إماك ل و اغتنني
عن شرار عبادك يا أرحم الرحمنين يبأ
ودود يا دا العرش المجيد يا فاعالا لىما
بيريد أسألك بعزرك الذى لا يرام و
بملكك الذى لا يضمار وبنورك الذى
ملا أركان عرشك أن تلفيني شر كذا أو
كذا يا مغنيت اغتنى يا مغنيت اغتنى يا
مغنيت اغتنى. لسما الله الرحمن الرحيم عن
يجميني لسما الله الرحمن الرحيم عن سما لي
لسما الله الرحمن الرحيم بيدى لسما الله الرحمن الرحيم من حلفني
"O Allah Ta'ala! Make your male and female benevolence turn towards me with kindness and benevence. O Most merciful of all those who show mercy! Free me from the evil of your slaves. O Most Loving! O Owner of the venerable Throne! O One Who does what He desires! I implore You through the medium of Your Honour which is never separated from You, and (I ask of You) through that Dominion of Yours, wherein there is no oppression, (I ask of You) through the medium of that Noor (Celestial Light) of Yours that has encompassed the edges of Your Throne, that You become sufficient for me against every kind of evil (so-and-so evil)

O One Who redresses grievances! Redress me!
O One Who redresses grievances! Redress me!
O One Who redresses grievances! Redress me!

from my right.

from my left.
in front of me.
behind me.
above me.
on all my sides.
for the one who takes hold of my
forelock."  [Al-Wirdul Musaffa Al-Mukhtar, p 86]

DU`AA # 2

أعوذ بعزة الله وعظمته وعزة الله وقُدرته وعزة الله وسُلطانه وعزة
جلال الله وعزة الله من شرّ مأخول وشرّ وشرّ وشرّ من شرّ
كلّ دابة تأتي بابن مثبته إن رأيت
على سرائط مستقيم ولاحول ولاقفوت إلا
بأله العلي العظيم، ملّهاكُمُ كَلّ هاربٍ
ما أخرى كِلّ حَانِيف لاحول ولاقفوت إلا بأله العلي
العظيم، أقِ بِهِ نفسك وربيك وأهلك ومالك
وجمعه يعمر الهم وموارد وسکي مُعيده.
"I seek protection through the Might of Allah and with His Majesty, I seek protection through the Mighty of Allah and with His Power, I seek protection through the Mighty of Allah and with His Dominion, I seek protection through the Sublime Mighty of Allah, I seek protection through the Mighty of Allah from all the evil that has been created, from the evil that is beneath the ground, from the evil of every animal, whose forelock is in the control of my Rabb. Indeed the Path of my Rabb is straight. There is no power nor might except from Allah, Most High, Most Exalted. He is the place of refuge for anyone seeking refuge, a sanctuary for
any fearful one. There is no power nor might except from Allah, Most High, Most Exalted. O my Master, my Leader! I hand over in sanctuary (to You) my self, my Deen, my family, my wealth and everything given to me by my Allah. There is no power nor might except from Allah, Most High, Most Exalted. I seek success through this (Kalima), from Iblees, his cavalry and his footmen, from his rebellious companions and from the evil of the entire mankind and jinn. There is no power nor might except from Allah, Most High, Most Exalted. I am protected through this (Kalima) from the oppression of those who wish to oppress me from amongst the entire creation."

لا حول ولا قوة إلا بالله: إلهنا حمدها إعدها أن من اعتدى على من جماعة خلقت اللهو

لا حول ولا قوة إلا بالله: أضيعت بهم

کبیر ممن کاذب میں جمیع خلق اللہ

لا حول ولا قوة إلا بالله العليم العظیم

آریست بها مکر مابین جمیع خلق اللہ
"There is no power nor might except from Allah, I terminate the efforts of rebelliousness of every one who intends to rebel against me, through this (Kalima). There is no power nor might except from Allah, I weaken the plots of all those who plot against me through this (Kalima). There is no power nor might except from Allah, I remove the conspiring plans of all those who conspire against me through this (Kalima). There is no power nor might except from Allah, I annihilate the efforts of all those who make an effort against me, through this (Kalima). There is no power nor might except from Allah, I degrade through
this (Kalima) whoever boasts against me from amongst the entire creation. There is no power nor might except from Allah, I debase through this (Kalima) whoever wishes to disgrace me, from amongst the entire creation."

"There is no power nor might except from Allah, I destroy through this (Kalima) whoever, from the entire creation tries to oppress me. There is no power nor
might except from Allah, I overpower through this (Kalima) whoever, from amongst the entire creation, tries to gain control over me. There is no power nor might except from Allah, I ward off the evil intentions through this (Kalima), of whoever, from the entire creation has evil designs on me. There is no power nor might except from Allah, this supplication is through the Might of Allah. There is no power nor might except from Allah, this supplication is through the Power of Allah. There is no power nor might except from Allah, this protection is being sought through the Power of Allah,

"لا حول ولا قوة إلا بالله. آستعينَ به علَي
مَجِيَءِي وَصَنُّعَتِي وَعَمَّدَنِي نَزُولُ ملَكِ السُّمَوَّتِ بِي
وَمَعَالِجَةَ سَكَارَاتِي وَعَمَّراتِي.
لا حول ولا قوة إلا بالله. أَحْسِنْ بِهَا وَجْهُي
وَاعْصَمَاني وَشُعْرِي وَبَشَرِي.
لا حول ولا قوة إلا بالله. إِذَا أَخَلَتْ قَبْرِي
فَرِينِيَ وَجَهْدَ أَخَالِي بِعَبْسِي.

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"There is no power nor might except from Allah, I ask for assistance through this (Kalima) upon my life, my death, at the time of the descending of the Angel of death, the pangs of death and when unconsciousness falls. There is no power nor might except from Allah, I strengthen through this (Kalima), my soul, my organs, my hair and my skin. There is no power nor might except from Allah, when I am entered into my grave alone and in solitude, bereft of deeds. There is no power nor might except from Allah, I seek assistance through this (Kalima) on the Day of Qiyaamah when my book of deeds are flung at me, and when I witness my sins and transgressions. There is no power nor might except from Allah, on the Day of Qiyaamah."
when my standing is made long and my thirst will be severe."

"There is no power nor might except from Allah, through this (Kalima) I will traverse the 'Pul Siraat'"
narrow bridge with the pious people and keep my feet firm upon it. There is no power nor might except from Allah, I will be established through this (Kalima) with the pious people in the everlasting abode, as long as the numbers spoken by and will be spoken by the speakers from the beginning of time until the end, as long as what Allah's Kitaab has enumerated, and what His knowledge encompasses and multiply that, many times over. And multiply whatever result is multiplied many times over, until eternity. The last number will not have any end. A number that cannot be counted, except by Him. None will be able to encompass it besides His knowledge. There is no power nor might except from Allah, Most High, Most Exalted."

**DUA’AA #3**

اللهُمَّ إِنَّكَ لَأَقْدَمْتُكَ الْيَوْمُ لَفِي نَفْسِي وَأَهْلِي وَمَالِي وَوَلَدِي وَمَنْ كَانَ مِنَّيْ فِي سَبِيلِ الشَّاهِدِ منْهُمْ وَالْعَيْبِ.

اللهُمَّ حَفْظًا بِحَفْظِ الْإِيمَانِ وَاحْفَظْ عَلَيْنَا الْحَمْضَةَ اجْعَلْنَا فِي رَحْمَتِكَ وَأَنْتَ سَلِيبًا.
"O Allah Ta'alā! I leave in your trust today, my life, my family, my wealth, my children and whatever else (of mine) is present and absent.

O Allah Ta'alā! Protect us through our Imaan and safeguard our Imaan.

O Allah! Cover us with Your Mercy and do not take away Your Bounties and Benevolence. We have an
affinity towards You only.

O Allah! We seek protection from the difficulties of journey, from witnessing difficult times, from beholding bad conditions in our family and wealth. O One Who is even closer to us than our jugular veins! O One Who does what He pleases! O One Who comes between the slave and his heart! Separate, with Your Power and Might, between us and those who wish to harm us. O One Who is Independent of all things, whilst nothing is independent from You! O Most Merciful of those who show mercy! Make us independent of the anxieties of this world and the Hereafter."

DU`AA # 4

أَعْوَذُ بِكَمَايَاتِ اللَّهِ الْكَانِمَاتِ مِنْ غَضَبِهِ وَعِقَابِهِ وَشَرِّ عَبَادِهِ وَمِنْ هَمَّمَاتِ الشَّيَاطِينِ وَأَنْ يَضُرُّونِ

"I invoke the perfect words of Allah for protection against His wrath, and punishment and the mischief of His servants and the evil prompting of the shaytaan and against their coming near me."

DU`AA # 5

الله أكبر الله أكبَرَ آللَّهِ أكْبَرُ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ وَمَا إِلَّا بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ لِيُقْرِئُونَ قُرْآنًا نَّكَّرًا
بِسْمِ اللَّهِ خَيْرُ الأَسْمَاءِ بِسْمِ اللَّهِ رَبِّ الْعَالَمِيَّ وَالْعَالَمِينَ بِسْمِ اللَّهِ الَّذِي لَا يُضُرُّهُ مَعَ أَسْمَاهُ
دَا بِسْمِ اللَّهِ افْتَتْحَتْ وَعَلَيْهِ تَوَكَّلْتِ آلِهَةُ آلِهَةٌ مَّنْ لَا أَشْرَكَ بِشَيْءٍ مِّنْ أَسْأَلُكَ اللَّهُ
يَخْرُكَ مِنْ خَيْرِكَ الَّذِي لَا يُقْطَعُهُ عَيْبُكَ عَرْجَارَكَ وَجِبَالَ شَنَّاءَكَ وَلَكَ اللَّهُ أَنْتَ
إِجْعَلْتِي فِي عِيَادَإِكَ وَجِفارَكَ مِنْ كُلِّ سُوءٍ وَقَوْمَ الشَّيَاطِينِ التَّخَمِيمِ اللَّهُمَّ إِنَّكَ أَسْتَجِيرُكَ
مِنْ جَمِيعِ كُلِّ شَيْءٍ خَلِقْتُ وَأَحْتَرَسْتَ بَلَاءَ منْهُنَّ وَأَهْتَدِي بَيْنَ يَدَيَّ
بِسْمِ اللَّهِ الرَّحْمنِ الرَّحِيمِ قُلْ هُوَ أَحَدٌ
"Allah is the Greatest, Allah is the Greatest, Allah is the Greatest. I begin with the Name of Allah, upon my self and my Deen. I begin with the Name of Allah, upon my family and my wealth. I begin with the Name of Allah, upon everything that my Rabb has bestowed me with. I begin with the Name of Allah, (which is) the best of names. I begin with the Name of Allah, Rabb of the earth and skies. I begin with the Name of Allah, that Name with which no ailment can cause harm. I begin with the Name of Allah, do I begin, and upon Allah do I rely. Allah, Allah, my Rabb! I do not ascribe any partner to You. I ask of You, O Allah! Of Your goodness from Your goodness, which is not granted by others. Your sanctuary is Honourable and Your Praises are Great. There is no deity besides You. Grant me Your protection and Sanctuary from evil and from shaytaan, the rejected one. O Allah, I seek refuge in You, from everything that You have created. I seek Your protection from all these things, and I present
before You (this Surah):

السماء النور النور النور

'I begin with the Name of Allah, Most Gracious, Most Merciful. Say:

ُفَسْتَحْوَالِهِ أَحَدُ َاَلِلَّهُ الَّذِي لا شَابَٰتِهِ ٍلَّهُمَّ

اللَّهُ الَّذِي لا إِلَهَ إِلَّا هُوَ وَلَمْ يُولِدْهُ وَلَمْ يَوَلِدْهُ وَلَمْ يُوْلِدْهُ أَحَدٌ وَلَمْ يُولِدْهُ أَحَدٌ.

He is Allah, the One. Allah is independent. He does not beget, nor was He begotten. And nothing is like Him (equal to Him).

Ahead of me, behind me, on my right side, on my left side, above me and below me.' [al-Hizbul Azam, p 130]

DU`AA # 6

الله上涨 إله جبريل وميكائيل وإسرافيل

و إله إبراهيم وإسماعيل وإسحق عافيني

و لا سلطن أحداً من خلقات على بشتي لا طاقة لي به

"O Allah! Rabb of Jibraeel, Mikael and Israafeel.
And Rabb of Ibraheem, Ismail and Ishaaq, grant me peace and contentment, never grant anyone from Your creation, power over me with anything, such that I have no power for it (i.e. to defend myself or to avert it)." [Ibn Abi Shaibah, v 6, p 23]

This is a very beloved du`aa, especially for that person who always has the fear of some oppression being perpetrated upon him, by someone higher than him, for example, his manager, his superiors, or a wife by her husband, etc. This du`aa is also beneficial against different types of difficulties and fears, such as, the police, hospital, court, etc.

**DU`AA # 7**

اصْبِحْنَا بِاللَّهِ الَّذِي لَيْسَ شَيْئًا وُسْئَةً مَمْتَنِعٌ وَبِعِيْشَةِ اللَّهِ الَّتِي لَنْ تُزَرَّمَ وَلَا تَضَامِنَ وَبِسُلُطَانِ الْلَّهِ الْمَمْتَنِعِ تَحْتِجْبَ وَبَأْسَمَا الْحَسْنِيِّ كُلِّهَا عَانِدَبًا بِاللَّهِ مِنَ الْكُبْلِيَّةِ وَمِنْ شَرِّ شِيَاطِينِ الأَنْسِ وَالْجَنِّ وَمِنْ شَرِّ كُلِّ مَعْلُومٍ أَوْ مَسَرِّ وَ
"We have come to the morning with the Name of Allah, with which nothing is impossible, and with that Power of Allah, which is never separated from Him, nor is there any oppression. And from the Dominion of Allah, which prevents, we conceal ourselves. And with the Beautiful Names of Allah, all of them, we seek protection in Allah from evil people and from the villainy of the shayateen from amongst men and jinn. Also from the apparent and hidden evil of every person. And from every evil that conceals itself in the night, and that comes out during the day or remains hidden during the day and comes out at night. Also from the evil of that thing which was created from non-existence into existence. And from the evil of Iblees, his army and from all animals, over which You have control of their forelocks." [Al Wirdul Musaffa Al Mukhtaar, p 66]
DU'AA # 8

اللهِ نَا تُبَيِّن لَّا إِلَّا إِنَّكَ عَلَيْكَ نُولُكَتُ وَأَنتُ رَبُّ الْعَرْشِ الْعَظِيمِ مَا شَأَّ إِنَّ اللهَ كَانَ وَمَا لَكُمُ اللَّهُ مِنُ مَّرْيَانَ لَأَحَوْلَ وَلَأَقْوَةَ إلاَّ بَلَبَلَهُ الْعَلِيّ الْعَظِيمُ أَعْلَمُ أَنَّ اللَّهَ عَلَى هَّلْكِ ى فَدَّبِيرُ وَأَنَّ اللَّهَ فَدَّ أَحَاطَ بِكَ شَيْءًا عَلِمًا اللَّهُمَّ إِنِّي أَعْوَدَكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ كُلِّ ذَاتِي تَأَوْضَحُ نِسَبِي وَنَصِيبُهَا إِنَّ رَبِّي عَلَى صُرْاطٍ مُّسْتَقِيمٍ

Hadrat Talq (radhiAllahu anhu) reports that a person came to Hadrat Abu Darda (radhiAllahu anhu) and told him: "Your house has burnt down!" He replied: "It has not burnt down." A second person came to him and told him the same thing to which he gave the same reply. A third person also told him the same thing, only to hear the same reply. Then someone asked; "O Abu Darda! The flames of the fire were very huge, but when they came near to your house they
subsided and extinguished." He replied: "I knew that Allah Ta`ala will not let my house burn down, because I heard from Rasulullaah (sallAllahu alaihi wasallam) that the person who recites this Kalima (under-mentioned) in the morning, then no harm will befall him until the night (and I have recited it this morning, hence I am certain that no harm will befall me). This Kalima is as follows:

"O Allah! You are my Rabb. There is no deity except You. Upon You I have trust, and You are the Rabb of the Honourable Throne. Whatever Allah wishes will come to pass and whatever He does not wish will not. There is no power or might except with Allah, Most High, Most Exalted. I know that surely Allah has power over all things, and indeed the Knowledge of Allah encompasses everything. O Allah, I seek refuge in You from the evil of myself, and from the evil of every animal, that You hold by its forelock. Indeed my Rabb is on the straight Path."

DU`AA # 9

اللَّهُمَّ أَنَّاَ نَجَعِلُكَ فِي حُورَهُمْ وَنَعْوَدُكَ مَنْ
"O Allah, we place You in our front (when faced with an enemy) and seek Your protection against their tactics."

**DU'AA # 10**

أعوذ بكم الت_RUNTIME _الله_ السآمآت البتي لكيجاورهن بر ولاءنا جبر مسماخلق وذر أوربا ومن سر ما ينزل من السماء ومن سرما يخرج فيها و من سرمادا ذرا في الأرض ومن سرما يخرج منها ومن سرما فتت الليل والنهار ومن سرمكل طارق الأفكار ما يطرى بخير بارحمن

"I seek protection in the Honour of Allah Who is Beneficent, and in all the words of Allah, through which no good or evil person can go beyond, from every evil thing that He has created, from the evil of what descends from the sky, from the evil of what hovers therein, from the evil of what spreads on the earth, from the evil of what emerges therefrom, from
the evil of the mischief of the night and day and from the evil of every nocturnal visitor, except that one which brings goodness, O Most Merciful!" [Ahmad, Hadith number 14913]

This du`aa must be read by every person who fears another, and by one who fears an impending disaster. Children should also be made to learn this du`aa and it must be recited before leaving the house. This du`aa is very beneficial if read and blown upon small children and their milk, morning and evening. It is also effective against the evil eye. This du`aa must also be recited once daily after the Fajr and Asr Salaats.

بسم الله الرحمن الرحيم

INTRODUCTION

All praise be to Allaah and peace and blessings be upon His Rasul.

The aayaat (verses) of the Quraan compiled hereunder are generally known as Manzil in our family. The elders in our family were particularly punctual in reciting this Manzil from amongst other duaas and practices for protection and cure. It was customary to make special arrangements for the children of the family to commit this Manzil to memory.

Undoubtedly the aayaat of the Quraan and those duas that are mentioned in the Ahaadith are more effective and beneficial than the wearing of a Taweez. In the practice of these amaliyat preference must
be given to the Quraan and Ahaadith. The Noble Chief of the Ambiya (A.S) Muhammad (S.A.W), has taught us duaas for every occasion of our Deeni (religious) and Dunyawi (worldly needs. In the experience of the Mashaarikh the reciting of certain aayaat and duaas for particular purposes has also been proven to be successful.

The reading of the Manzil has been confirmed to be extremely effective for protection against the evil influence of Jinn, Sihr (witchcraft, sorcery etc.), and other evils. These aayaat of the Quraan have also been mentioned with a slight variation in the number of aayaat, in the books AlQowlul Jameel and the Beheshti Zewir. Shah Waliullah Muhaddith Dehlawi (R.A.), writes in his book AlQowlul Jameel that there are these thirty three aayaat which ward off the effects of Sihr (witchcraft), and that they are a protection against the Shayaateen (devils), thieves and harmful wild beasts. In Beheshti Zweir Hadhrat Moulana Ashraf Ali Thanwi (R.A.), writes that if one suspects anyone to be afflicted by the evil effects of the Jinn then these aayaat should be written and made up as a Taweez, then hung on the victim's neck, so that the Taweez be in place of a pendant, near the heart. These aayaat should be read and infused into the water by blowing thereon and subsequently sprinkled onto the victim. If this effects in a house then this water may be sprinkled inside and outside the four corners of the house.

Whenever womenfolk of our household suggested the reading of these aayaat to a victim, they had to either indicate these verses in the respective book or write them down. Therefore it was felt that it would simplify this task if these aayaat were printed separately. It should be considered, and borne in mind that the effectiveness of the recital of these aayaat and duaas as a practice for specific purposes depends on the sincerity, undisturbed and earnest devotion of the reader. The effectiveness of the response to duaas is relative to the determination of one's conviction and the depth of one's sincerity with which duaas are made. Allaah's names and His true words hold great Barakaat.

Muhammad Tal ha Kandahlavi
23 Shabaan, 1399, Hijri.
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، الرَّحْمَنِ الرَّحِيمِ
مَا كَانَ لَنا وَأَيُّوبُ الْأَلَبَسُ مِنْ قَبْلِكَ يُعَبِّدُونَ إِيَّاكَ نَحْبًا
إِنَّا نَتَوَارَى الْعُرُقَ الْمُتَقَبِّلِ صِرَاطَ الْذِّينَ آمَنُوا
عَلَيْهِمَا عَفْوًا مَّعَ غَضْبٍ عَلَيْهِمْ وَاصْطِلَافٍ لَا صَالِحٍ لَّهُمَا
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
ذَلِكَ الْكِتَابُ لَا رُبُوبٌ فِيهِ هُدًى لِّلْمُتَّقِينِ
الْذِّينَ يُؤْمِنُونَ بِالْغَيْبِ وَيَقِيمُونَ الصَّلَاةَ وَمَا رَزَقْتُهُمْ مِنْ فَتْحٍ
وَالَّذِينَ يُؤْمِنُونَ بِمَا نَأْتَيْنَاهُمْ وَبِالآخِرَةِ هُمْ مُؤْمِنُونَ
وَإِنَّمَا نَأْتُكَ بِهِ مَثَلًا لِّمَنْ سَرَّبَ مِنْ سَاعِيِهِمْ وَأَلَّلَكَ هُمُ
الْمُفْلِحُونَ وَالْهَكِمُ الْأَوَّلُونَ لَأَلَّا إِلَّا أَنْ لَّهُمَا
اللَّهُ وَهُوَ الْأَحِيَّ الْأَمِينُ
وَهُوَ الرَّحْمَنُ الرَّحِيمُ
الْقَوْمِ لَا تَأْخُذُوهُ سَينَةً وَلَا نَأْتُوهُ للَّذِي يَشْفَعُ فِي السَّمَوَاتِ وَمَا فِي الأَرْضِ مِنْ ذَٰلِكَ الَّذِي يَشْفَعُ عِنْدَهُ الْأَبَاءُ دُنْيَا يَعْلَمُهُ مَا بَيْنَ يَدْهُمَا خَلَفَهُمْ وَلَا يُحِيطُونَ لَيْسَ مِنْ عَلَمَةِ الأَبَاءِ أَثْنَاءَ وَسَعَ كُرُسِيَّةَ السَّمَوَاتِ وَالْأَرْضِ وَلَا يَوْمُضُوْءَةَ حَفْظُهُمَا وَهُوَ الْعَلِيمُ العَظِيمُ لَا آكَرَاهُ فِي الْذِّينِ فَتُبْنَى الرَّوْدُ مِنَ الْعَقِيْدَةِ فَمَنْ يَلْفَرُ فِي الْطَّاغِوتِ وَلَيْسَ مِنْ بَعْدِ الْمُسْتَجْعَدِ بَيْنَ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّマンِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَجْعَدِ بَيْنَ الزَّمانِ الْأَخِيرِ الْيَوْمِ الْأَخَرِ وَالْأَيْوَامِ الْأَخَرَاتِ الْمُسْتَج์
تخفوه يجعل السوّم أمن السوّم
و بيده من إنشاء و إنشاء
و على حسب الأقرير
أمن السوّم بما أنزل إليه من رتبي و المومياء
حمد أمن باب الله و ملكيته و كتبه و رسالته
لا تفرق بين أحد من رسولى و قالوا يا سمعنا و
اطعنا عفرانا عفرانا ربينا و البيك المصير
لا يكلف الله نفساً الأوسّعها لها ما كسبت و
عليها ما أكسبت ربينا لا تواحد نآي إن يسبين
أو اختنا ناج ربينا و لا تحمل علينا إصراركماحملت
على الذين من قبلي ناج ربينا ولا تحملنا مما أعجلت
أكأنى و اعف عني و أغفّر لي لقد وارحمنا لقد أنت
مولىً لأنت نصرنا على القوم الكفارين
شهد الله أن لا إله إلا الله والملكيه وأولوا
العلم قابضًا بالقسط ل أ الله الآلهة العزب
قُلْ اللَّهُمَّ مَلِكُ الْمَلَائِكَةَ
تَوْقَيَ الْمَلِكَ مِنَ النَّشَاءِ وَتَنَزَّعَ الْمَلِكَ مِمَّنْ يَذْرَعُ
ةِنَاءً وَيَحْرُرُ مِنَ النَّشَاءِ وَيُذْلِكَ مِنَ النَّشَاءِ بِبِدَائِكَ الْحَيَّ
إِنَّكَ عَلَيْكَ شَرْكٌ لَا فَادِيٌّ
تُؤْلِجُ الْبَيْلَ فِي النَّهَارِ
وُتَأْلِجُ النَّهَارُ فِي الْبَيْلِ.
وَتَخْرَجُ الْحَيٌّ مِنَ السَّبِيلِ
وَتَخْرَجُ الْمَيْتٍ مِنَ النَّبِيِّ
وَتَزْرَعُ مِنَ النَّشَاءِ
بِيَعِيرٍ حَسَابٍ
إِنَّ رَبِّكَ الَّذِي خَلَقَ
الْسَلَوْمَاتَ وَالْأَمْرَانَ فِي سَنَاتِهَا أَيَّامًا مُّرْسَمًا
عَلَى الْمَرْكَزِ. يُعْمِشُ الْبَيْلُ الْمَتَهَارُ تَطْلُبًا حَثِيثًا.
وَالْشَّمْسُ وَالْقَمْرُ وَالْمَشْتَرُ وَالْمَيَّزَحَ 
لِلْحَيِّ وَلِلْأَمْرَ فَتَبْرُكَ اللَّهُ حَرَّبِينَ
أَدْعُوا رَبَّكَ مُحَضَّرًا وَخَفِيفًا وَأَلْجِرَ مَعَهُ النَّاسُ
وَلَا تَنْسَدُوهُ فِي الْأَمْرِ بَعْدَ إِسْلَاهُهَا وَأَدْعُوهُ
خُفْوًا وَطَمَعًا. إِنَّ رَحْمَةَ اللَّهِ فَقِيرَ مَن
المحسنين ٥٠
قل اذْعَ نِّي اللَّهُ أَوَّلَاذْعَ نَّهُو الرَّحْمنِ
أَيُّمَا تَذْعَ نِّي فَلَهُ الْإِسْمَا أَلْحَسَنٌ وَلَا تَجَهَّرُ
بِصَلاَبَاتِهِ وَلا عَكْدِينَ بِهِ وَلا تَنْتَخِبَ بِنَّاء ذِلْكَ سَبِيلًا
وَقَالَ الْحَمْدُ لِلَّهِ الَّذِي لَمْ يَتَجْدِدَ وَلَدًَّا وَلَمْ يَبْنِ لَهُ شَرِيكٌ
فِي الْمَلَكَ وَلَمْ يَكْنِ لَهُ مَلَكٌ مِّنَ الْمَلَكِ وَكَبْرُهُ تُكَبُّرُ أَفْحَبٌ
أَفْحَبُنِمُ اتْمَاهَا لقَسْنَاكُم عَبِيَّةً وَأَكَتَّمْ لَكُمْ الْيَهْدَى أَتِّجَهْنَ أَفْحَبُنِمُ
فَتَعَلَّى اللَّهُ الْمَلَكُ الْحَقٍّ لَا أَلِيهِ مَثِيلٌ
الْعَرْشُ الْمُكْرِمُ وَمَن نَّبِيٌّ مَّعَ اللَّهِ هُوَ أَخَرُ
لَا يُبْرَهِمُ لَهُ بِكُلِّ نَفْسٍ ۖ فَأَتِّمْوَا حَسَبَةَ عِنْدُ رَبِّكُمْ
لَوْ يَفْلِحُ الْكَافِرُونَ ۖ وَقَالُوا سَبِيبُ أَعْفَيْ أَرَاحَمُ
وَأَنَّ لَحُبَّ الْرَّحْمَانِ ۖ إِنَّهُمُ اسْتَزْهَرُوا
بُيَّ النَّهْدُ اللَّهُ الْرَّحْمَانُ الرَّحْمِيمُ
وَالصَّفَاتُ صَفًا ۖ فَالْحَجَّاتُ زَحََّرًا
اللهم لواحد ربك
السموت والأرض وما بينهما وما بناه ما سبقه
إن آرتين السماوات الدنيا واليابهة الكواكب
و حفظاً من كل شيطان مأوىً لا يستمتعون إلى
الملأ الأعلى ويبذلون فوون من كل جانب دحوراً
و لهم عند أبي قاصب إلا من خطت مخطئة
فأتبعه شهابين تابعت أسلمت فاستفتيت ما أسلمت
خلقتاً أم حلفناً إن أحلقتاً لهم مرطتين
الأزب والأنس إبت
استطعت إن تنفعدو امن أقطار السماوات
والأرض فإنفعدوا لا تنفعدون الأطلالين
فيا يأ لآر تكماكذي بن يرسل عذبالما شواط
من ناراً ومحاسن فلا تستصر عفاياً أرنا
تغمتين فاداً النفقات السماوات فكانت وردية

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كَالْدَهَانَانِ فِي بِلَاءٍ أَلْبَاءٍ سَيْلُكَانِ ۖ فِي يَوْمِ الْآخِرَةِ لَا يُؤَلِّفُ عَنْ ذَيْنِهَا إِسْرَكُ وَلَاجِنَ َ فِي بِلَاءٍ أَلْبَاءٍ سَيْلُكَانِ ۖ فِي يَوْمِ الْآخِرَةِ لَا يُؤَلِّفُ عَنْ ذَيْنِهَا إِسْرَكُ وَلَاجِنَ

فَعَلَّهَا عَلَى جَبَلٍ لِّرَأْيِهَا حَابِبًا مُّصَدِّرًا عَلَى خَشْيَةِ اللَّهِ وَثُلُثَ الْأَمَانُ نَضْرِبُهَا لِلَّذِينَ يُسِيرُونَ بِهَا لَعَلَّهُمَا يَتَفَكَّرُونَ ۖ هَوَآ لَلَّهُ الَّذِي أُرُفِّي الأَحْوَٰلَ

عَلَى العَوْيِبَ وَالشَّهَادَةِ هَوَآ الْرَّحْمَنُ الرَّحِيمُ ۖ هَوَآ لَلَّهُ الَّذِي لا آتِيهِ الأَحْوَلُ الْمَلِكُ الْقَدِّيسُ

السَّلَامُ الْمُوْمِينِ الْمُهَيْمِينِ العَزِيزُ الْجَبَّارُ

الْمَتَكِئِينَ لَا يُؤْخِذُونَ عَلَى النَّارِ ۖ هَوَآ نَعْلَمَ اللَّهُ عَمَّا يُشْرَكُونَ ۖ هَوَآ

اللَّهُ الحَقِّ الْمَبَارِئُ المُصَبُّورُ لَهُ الآَسْمَاءُ

الحَسَنِي نِشَّأْرُ لهُ مَا فِي السَّمَاوَاتِ وَالأَرْضِ

وَهُوَ العَزِيزُ الْحَكِيمُ

ۚ لِسُوَءِيْلِ اللَّهِ الْرَّحْمَنِ الْعَلِيمِ قَالَ أَوْحَيَ إِلَإِهَ

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东盟

استمعناً لنفس من الجن، فقلنا إننا
سمعنا أن عجباً يهدى إلى الرشد.
فامتننا ولن نشرك برثينا أحداً، وانته
 تعالى جدك، كنما اتخذت صاحبته ولا ولداً.

و انذا كان يقول سنة على الله شططاً,
ليسموا الله الرحمن الرحيم.

فل يا أبها الكفرون ولا أعبد ما عيدون
ولا أنتم عيدون ما أعبد ولا أنا عباد
ما أعبد تمر ولا أنتم عيدون ما أعبد
لكم دينكم والله دينكم.

ليسموا الله الرحمن الرحيم.

قل هوا لله أحد، الله الصمد لم يلد
و لم يولد و لم يك من له كفوا أحد
ليسموا الله الرحمن الرحيم. قل أعوذ برب
بسم الله الرحمن الرحيم
قل أعوذ برب الدين ملك الناس إله الناس من شر الوسواس الذي يوسوس في صد ورالناس من الجنة والناس

الفصل 6 من شرماخلق 6 ومن شرهاسبق
إذ وقبت 6 ومن شره المتلفت في العقد
ومن شرهاساب إذا أحسد